

**WINCHESTER RANKING REGIONAL SPRINT AND WAVEHOPPER WWR AND OPEN RACE UNDER THE  
AUSPICES OF THE WINCHESTER AND DISTRICT CANOE CLUB SLALOM ORGANISATION**

**SPAN OF CONTROL AND RISK ASSESSMENT**

**BY SUSAN TEMPLETON**

<b>DUTY</b>	<b>NAMED PERSON OR DOCUMENT ETC</b>	<b>SUPPLEMENTARY NOTES</b>
<b>ORGANISERS</b>	<p>IAN LAW (MAIN) WINCHESTER &amp; DISTRICT CANOE CLUB for Winchester Div 4/open slalom</p> <p>On site WWR race organiser: SUSAN TEMPLETON FOR (WWR RACE) THE SHARKS CANOE CLUB Tel: 02380456001 Mob: 07771746909</p>	<p>Ian Law will have the final say on any issue related to the event including the WWR race as he is running the main event and has knowledge of the site, river and conditions etc.</p>
<b>INSURANCE</b>	<p>Winchester &amp; District Canoe Club for the site and slalom.</p> <p>The Sharks Canoe Club for the two organised WWR race runs and WWR practice runs outside of the two organised WWR Race runs.</p>	<p><b>Note: No safety cover will be provided for WWR practice this is at the paddlers own risk.</b></p> <p>If you want or need help to practise ask the WWR race Organiser Susan Templeton or slalom Organiser Ian law and we will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR race Organiser Susan Templeton or Slalom Organiser Ian law</p>
<b>Welfare Officer and Child Protection</b>	<p>Ian Law As detailed in Winchester &amp; District's Canoe Club Winchester Slalom Plan</p>	<p>Any photographs of paddlers and names being put forward for publication from the WWR</p>

		race will be checked with paddler/parents prior to articles being submitted.
<b>First Aid</b>	As detailed in Winchester & District's Canoe Club Winchester Slalom Plan	
<b>Emergencies Minor and Major</b>	As detailed in Winchester & District's Canoe Club Winchester Slalom Plan	
<b>Incident Recording</b>	As detailed in Winchester & District's Canoe Club Winchester Slalom Plan	Copy to be provided for WWR Executive needs
<b>WAVEHOPPERS</b>	All paddlers/clubs bringing wavehoppers will be asked if these can be used by other paddlers as required. This is not mandatory but it is hoped paddlers/clubs will oblige to help promote use of this type of racing boat.	
<b>WWR Race paddlers</b>	All WWR race paddlers will be required to wear safety helmets and buoyancy aid whilst practising and racing	
<b>WWR Race Practice</b>	<p>For WWR practice avoid the slalom practice areas and ensure you have your own safety cover.</p> <p><b>NO SAFETY COVER WILL BE IN PLACE DURING PRACTICE THIS IS AT PADDLERS OWN RISK</b></p>	<p>If you want or need help to practise ask the WWR race Organiser Susan Templeton or slalom Organiser Ian law and we will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR race Organiser Susan Templeton or slalom Organiser Ian law</p>
<b>WWR Race</b>	For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render	

	<p>assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if they request it within 10 minutes of their run.</p>	
<b>Facilities e.g. toilets, catering etc.</b>	<p><b>Toilets:</b> Winchester Leisure Centre. It is advised no child under 18 goes to the toilets on their own as the centre is very busy</p> <p><b>Catering etc.:</b> As detailed in Winchester &amp; District's Canoe Club</p>	
<b>Entries (notification of wishing to race)</b>	<p>Ideally to Susan Templeton in advance Susan Templeton will manage on the day All entrants or person in "loco Parentis" must complete a separate WWR entry form stating paddler is competent and medically fit to race the WWR race on the conditions etc. on the day. Entry cost £2 for all ages/boats</p>	Email: susan13templeton@btinternet.com
<b>WWR race specific documents, bibs and stop watches ALSO MEDALS</b>	To be provided by Susan Templeton	<b>Paddlers please ensure bibs returned you will be charged £20 for a replacement if your bib goes missing</b>
<b>WWR Race start and finish personnel</b>	Ideally from Winchester & District's Canoe Club or responsible WWR/Slalom parents	
<b>WWR sprint run times</b>	Sunday 20 May 2018 After slalom first run approximately 1300. Second run immediately after first WWR runs	Times may change on the day within one hour or so. If numerous paddlers, start times will be at 30 seconds rather than one minute

		Best run to count
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## RISK ASSESSMENT

NOTE: In the event of a conflict between this risk assessment and the one provided by Winchester & District's Canoe Club Winchester Slalom Plan for the Winchester slalom the Winchester & District's Canoe Club Winchester Slalom Risk Assessment will override.

**L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)**

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
<b>INSURANCE ETC</b>			
<b>PADDLER CONTROL</b>	Paddlers	<p>A short briefing will be held just prior to the start of the first WWR run by Susan Templeton</p> <p>All entrants or person in "loco Parentis" must complete a separate WWR entry form stating paddler is competent and fit to race the WWR race on the conditions etc. on the day.</p> <p>Paddlers, spectators and parents etc. to follow instructions and safety, site etc. plans and directions from the organisers. It is their responsibility to acquaint themselves with this.</p>	L
<b>RACE ORGANISER.</b>	Organisation	<p>THE SHARKS hold a 5 million pound third party liability insurance</p> <p>British Canoeing either individual or as a member of a British Canoeing affiliated club Hold a 10 million pound third party liability insurance.</p>	L

		Winchester and District Canoe Club is a British Canoeing Affiliated Club and the Slalom is being run under British Canoeing Canoe Slalom rules	
<b>INSURANCE COVER CHECKS</b>	Organisation and Paddlers	All competitors will be checked for insurance cover at race entry as either having: <input type="checkbox"/> British Canoeing membership. <input type="checkbox"/> Affiliated club British Canoeing membership. <input type="checkbox"/> British Canoeing membership by buying a day ticket	L
<b>COMPETENCE</b>	Paddlers	Paddlers are solely responsible for their own competence, medical fitness and issues and welfare undertaking the race in the conditions present on the day. All entrants will complete an entry form stating competence (see separate form). For Under 18 paddlers, an adult with “Loco Parentis” for them entering and attempting the race and with knowledge of their ability will be required to sign as to their competence to race on the conditions on race day.	L
<b>START AND FINISH NUMBERS MATCHING</b>	Organisation and Paddlers	All paddlers will have a start number and start time allocated. Start and finish numbers will be compared. Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal. Contact details will be held on entry forms if needed.	L
<b>PADDLER SPECIFIC</b>			
<b>NON PADDLERS &amp; MEMBERS OF THE PUBLIC</b>	Both	The park on a Sunny day is full of members of the public. The leisure centre where the toilets are is very busy with a car park alongside. Paddlers should watch when they move boats around, paddles etc. Also it is suggested no paddler under 18 should go to the Leisure centre toilets on their own (nor be left on their own in or around the slalom/race course it is a busy and big centre.	L
<b>GETTING IN AND OUT</b>	Paddlers and spectators	All WWR paddlers and spectators or officials getting on the water MUST wear a buoyancy aid. ALL paddlers MUST also wear a safety helmet.	L

		<p>It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid</p> <p>Paddlers to be careful getting in and out and request assistance if required.</p>	
<b>SHALLOW WATER, RIVER BOTTOM</b>	Paddlers	<p>The water may be shallow.</p> <p>Practise route on the bank or on the water or go to WWR race briefing</p>	L
<b>RACE OVER TAKING</b>	Paddlers	<p>In all cases the catching paddler MUST shout WATER and ideally ON YOUR LEFT OR RIGHT. The paddler being caught where safe and competent to do so MUST move the opposite way to the way the paddler advised they were passing so IF ON YOUR LEFT the caught paddler should try to move right and vice versa. Overtaking will be difficult so make sure you callout and paddler being caught moves to one side</p>	L
<b>CAPSIZE</b>	Paddlers	<p>Safety helmets must be worn by all paddlers</p> <p>The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them The water is very shallow so most paddlers will be able to stand up easily on the bottom. This is why helmets must be worn and worn correctly.</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if control notified within 10minutes of their run.</p>	L

<p><b>STUCK ON SHALLOWS</b></p>	<p>Paddlers</p>	<p>Paddler to try to work themselves free with hands etc. If safe to do so (check water flow, what is below can you safely get in due to water depth, bank drop, water flow etc.,) get out and relaunch or ask help from the next paddler.</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if control notified within 10minutes of their run.</p>	<p>L</p>
<p><b>OVER HANGING TREES BRANCHES OR SLALOM POLES AND STRINGS ETC</b></p>	<p>Paddlers and Spectators</p>	<p>Anything that can catch you or your equipment both on your equipment/body and external to you can be very dangerous.</p> <p>Tuck in bibs straps, any other loose trailing bits on you except for ensuring your spray deck loop is ready to pull off if needed.</p> <p>Avoid trees and obstacles by angling your canoe away from them well in advance, the flow often takes you straight into some obstacles so act early if needed.</p> <p>If you are swimming swim away from trees and hazards and stay in deeper clear flow until you can see a clear area to swim and get out on.</p> <p>If you do get caught do not panic try to extricate yourself unless it will make the situation worse and call for help.</p>	<p>L</p>
<p><b>EQUIPMENT FAILURE</b></p>	<p>Paddlers</p>	<p>Get to the bank or a shallow bank/area as quickly as you can or get out and get to the bank/shallow safe areas and call for help from another paddler if required.</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in</p>	<p>L</p>

		<p>difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if control notified within 10minutes of their run.</p>	
<b>WEATHER ETC</b>			
<b>CONDITIONS E.G. WIND,WEATHER ETC.,</b>	Paddlers and Spectators	<p>None foreseen.</p> <p><b>Review on day of race. Option include course changes or cancellation</b></p>	L
<b>ILL HEALTH/INJURY</b>			
<b>ILL HEALTH and or INJURY</b>	Paddlers	<p>If you can pull to the side or safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser of the slalom for first aid or treatment on site or wider.</p> <p><b>SEE WINCHESTER AND DISTRICT FIRST AID AND EMERGENCY PLAN</b></p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run.</p>	L
<b>HYPOTHERMIA/HEAT STROKE</b>	Paddlers and spectators	<p><b>Paddlers can withdraw from race by attracting other paddlers' attention.</b></p> <p>Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.</p>	L

		In all cases where there is any doubt as to the paddlers (or spectators etc. condition professional medical help should be called sooner rather than later	
<b>WEILS DISEASE</b>	Paddlers	<p><b>WEIL'S DISEASE</b></p> <p>Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams.</p> <p><b>Precautions:</b></p> <ul style="list-style-type: none"> <li>• Avoid capsize drill or rolling in stagnant or slow moving water</li> <li>• Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster</li> <li>• Use foot-wear to avoid cutting feet</li> </ul> <p>Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs &amp; joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria - see your Yearbook Contact the British Canoeing Office for more information – see for standard handout please.</p>	L
<b>EMERGENCY</b>			
<b>EMERGENCY</b>	Paddlers and Spectators	<p><b>SEE WINCHESTER AND DISTRICT FIRST AID AND EMERGENCY PLAN AND 999 to be called.</b></p> <p><b>Then inform race finish.</b></p>	