

**FAIRTHORNE MANOR RANKING REGIONAL RANKING WWR AND WAVEHOPPER RACE AND OPEN
CLASS RACE ON THE RIVER HAMBLE**

SPAN OF CONTROL AND RISK ASSESSMENT

BY SUSAN TEMPLETON

DUTY	NAMED PERSON OR DOCUMENT ETC	SUPPLEMENTARY NOTES
ORGANISER	THE SHARKS CANOE CLUB, Neal Underwood Tel: 02380456001 Mob: 07771746909 Race Manager Susan Templeton Tel:07771746909 Email: susan13templeton@btinternet.com	<p>HARBOUR MASTER TO NOTIFY RIVER USERS OF RACE, COURSE AND RACE DURATION DAY OF RACE/BEFORE AS THEY DEEM FIT</p> <p>If required course changes or race cancellation will be considered and implemented. If Gale Force 5/6 consideration to change course will be considered. If over Gale Force 6 two options will be considered depending on weather severity and paddler safety: Option 1: race shortened nearer finish or circular race near finish. Option 2 the race will be cancelled.</p>
INSURANCE	The Sharks Canoe Club.	<p>Note: No safety cover will be provided for WWR practice this is at the paddlers own risk.</p> <p>If you want or need help to practise ask the WWR Race Manager Susan Templeton and she will try to find an experienced paddler to help you.</p>

		There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR Race Manager Susan Templeton
Welfare Officer and Child Protection	The Sharks Officer Mandy Combes Race Day: Susan Templeton (to oversee)	PARENTS OR PERSON IN “LOCO PARENTIS” MUST TAKE RESPONSIBILITY FOR ALL CHILDREN UNDER 18 PADDLERS OR SPECTATORS
First Aid	Basic first aid kit will be held at WWR Control see Susan Templeton	All issues other than plasters should be taken to the nearest NHS facility or if required call 999. If 999 called Fairthorne Manor designated officer should be advised immediately to help co-ordinate access to area etc.
Emergencies Minor and Major	See Race emergency and First Aid plan	All issues other than plasters should be taken to the nearest NHS facility or if required call 999. If 999 called Fairthorne Manor designated officer should be advised immediately to help co-ordinate access to area etc. Inform Harbour master by mobile. Then inform race finish.
Incident Recording	To be reported and logged with Susan Templeton	Copy to be provided for WWR Executive needs and Fairthorne Manor
WAVEHOPPERS	All paddlers/clubs bringing wavehoppers will be asked if these can be used by other paddlers as required. This is not mandatory but it is hoped	

	paddlers/clubs will oblige to help promote use of this type of racing boat.	
WWR Race paddlers	<p>All WWR race paddlers will be required to wear safety helmets and buoyancy aid whilst practising and racing</p> <p>Spray decks are highly recommended</p> <p>All paddlers under 18 in any class will be required to wear safety helmets and buoyancy aid whilst practising and racing. Optional for over 18 ONLY in open race but strongly recommended.</p>	THIS IS MANDATORY
WWR Race Practice	<p>For WWR practice ensure you have your own safety cover.</p> <p>NO SAFETY COVER WILL BE IN PLACE DURING PRACTICE THIS IS AT PADDLERS OWN RISK</p>	<p>If you want or need help to practise ask the WWR Race Manager Susan Templeton and she will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR Race Manager Susan Templeton</p>
WWR Race	<p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must</p>	

	always be two paddlers at the bottom of the race acting as safety.	
Fairthorne Manor Location and Race Control Fairthorne Manor Enquiries: 01489 785228 Email: info@ymca-fg.org YMCA Faithorne Manor Curdridge Southampton SO30 2GH Web: www.ymca-fg.org	Picturesquely situated in 111 acres of parkland and woodland on the banks of the river Hamble, Fairthorne Manor is eight miles east of Southampton and is within two hours travel from London. Directions: From M27 J7 take the A334 signposted Botley, keeping Sainsbury's on your left as you leave the junction roundabout. Continue on the A334 over 4 roundabouts. Continue on the road through Botley village, and past Botley Mills, still on the A334. At the top of the rise take the right turn, signposted YMCA National Centre. Continue along this road and you will see the exit drive first. At this point slow as the entrance drive is just after a blind corner on the right. The nearest train station is Botley. Camping available on site see www.ymca-fg.org for details.	Go through barrier entrance Park in the main car parks/field to the left turn down road/lane at mini white roundabout and then walk canoes down to boat shed on river. If you have a lot of boats and gear you may drop off quickly at the boats shed (drive carefully due to children and then immediately remove car to one of the car Parks You may want to bring all you need for the race etc. with you to save numerous trips to and fro. Control will be the blue campervan at the boat shed (where start will be) No other vehicles allowed here.
Facilities e.g. toilets, catering etc.	Toilets: 3 options stable block (adults) sports centre and camping block. It is advised no child under 16 goes to the toilets on their own as the centre is very busy and has many open and secluded paths and areas in which a child can get lost or distracted etc.,. Catering etc.: Basic sweets and water/fizzy drinks available to buy from control	YMCA MAY RUN A TUCK SHOP AT BOAT SHED
Entries (notification of wishing to race)	Ideally to Susan Templeton in advance using WWR entry form for race	Email: susan13templeton@btinternet.com

	<p>Susan Templeton will manage on the day</p> <p>All entrants or person in “loco Parentis” must complete a separate WWR entry form stating paddler is competent and medically fit to race the WWR race on the conditions etc. on the day.</p> <p>British Canoeing Member Entry fee £3 for all ages/boats NON MEMBERS £7 includes British Canoeing Day ticket (insurance)</p>	
WWR race specific documents, bibs and stop watches ALSO MEDALS	To be provided by Susan Templeton	Paddlers please ensure bibs returned you will be charged £20 for a replacement if your bib goes missing
WWR Race start and finish personnel	Ideally from responsible WWR/Slalom parents	Mobile phones will be held at start/finish
WWR run time	Paddlers will paddle up to start from Fairthorne manor and then race down as per start sheet and bib number.	.If numerous paddlers, start times will be at 30 seconds rather than one minute
Fun Team Race	A non-ranking TEAM fun race over the same course may be held after the main race depending on interest and conditions	Non-ranking team race. Bib numbers will be drawn to see who is in each team. All paddlers in the team must finish within 10 seconds of the first team member crossing the finish line

RISK ASSESSMENT

L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
INSURANCE ETC			
PADDLER CONTROL	Paddlers	<p>A short briefing will be held just prior to the start of the WWR race by Susan Templeton</p> <p>All entrants or person in “loco Parentis” must complete a separate WWR entry form stating paddler is competent and fit to race the WWR race on the conditions etc. on the day.</p> <p>Paddlers, spectators and parents etc. to follow instructions and safety, site etc. plans and directions from the organisers. It is their responsibility to acquaint themselves with this.</p>	L
RACE ORGANISER	Organisation	<p>THE SHARKS hold a 5 million pound third party liability insurance</p> <p>British Canoeing either individual or as a member of a British Canoeing affiliated club: Hold a 10 million pound third party liability insurance.</p>	L
INSURANCE COVER CHECKS	Organisation and Paddlers	<p>All competitors will be checked for insurance cover at race entry as either having:</p> <ul style="list-style-type: none"> <input type="checkbox"/> British Canoeing membership. <input type="checkbox"/> Affiliated club British Canoeing membership. <input type="checkbox"/> British Canoeing membership by buying a day ticket 	L
COMPETENCE	Paddlers	Paddlers are solely responsible for their own competence, medical fitness and issues and welfare undertaking the race in the conditions present on the day.	L

		All entrants will complete an entry form stating competence (see separate form). For Under 18 paddlers, an adult with “Loco Parentis” for them entering and attempting the race and with knowledge of their ability will be required to sign as to their competence to race on the conditions on race day.	
START AND FINISH NUMBERS MATCHING	Organisation and Paddlers	All paddlers will have a start number and start time allocated. Start and finish numbers will be compared. Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal. Contact details will be held on entry forms if needed.	L
SITE SPECIFIC			
NON PADDLERS & MEMBERS OF THE PUBLIC	Both	The centre is full of groups mainly children. Paddlers should watch when they move boats around, paddles etc. Also it is suggested no paddler under 16 should be allowed to move around the centre for any reason e.g. taking canoes to river, going to the toilets etc., on their own (nor be left on their own).	L
WATER GETTING IN AND OUT			
GETTING IN AND OUT JETTIES	Paddlers and spectators	All WWR paddlers and spectators or officials getting on the water MUST wear a buoyancy aid. ALL paddlers MUST also wear a safety helmet. Spray decks are highly recommended All paddlers under 18 in any class will be required to wear safety helmets and buoyancy aid whilst practising and racing. Optional for over 18 in open race ONLY but strongly recommended. It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid.	L

		Paddlers to be careful getting in and out and request assistance if required.	
MUDDY BANKS	Paddlers and Spectators	The banks can be very slippery and the mud much deeper than you think, ensure you get in and out on firm ground/banks	L
OPEN WATER	Paddlers	The river can be quite exposed to wind and weather which may cause paddlers to be blown off course, on their side, experience waves etc. Unlikely on this stretch but be aware.	L
TIDAL CONDITIONS	Paddlers	Race at top of first tide so minimal tidal strength usually anticipated.	L
CONDITIONS E.G. WIND, WEATHER ETC.,	Paddlers and Spectators	Review on day of race. Option includes course changes shorter or circular nearer to the start or cancellation	L
BOAT TRAFFIC	Paddlers	There may be some boat traffic on the river especially if a sunny day. Avoid boats and watch out for waves from them. If unsure point your boat directly at the oncoming wave and paddle towards it keeping control in a straight line you will then ride over the wave and can then straighten yourself and get back on course.	L
CANOES WITH MOVING BOATS	Paddlers	Paddlers will be briefed to keep moving boats at a distance and if in doubt give way to other river craft well in advance. Paddlers will be briefed to be extra vigilant past marina exits. Course avoids main river channel where possible	L
SHALLOW WATER,	Paddlers	The water may be shallow off the bank/beach. Practise route on the bank or on the water or go to WWR race briefing	L
STUCK ON SHALLOWS	Paddlers	Paddler to try to work themselves free with hands etc. If safe to do so (check water flow, what is below can you safely get in due to water depth, bank drop, water flow etc.,) get out and relaunch or ask help from the next paddler. For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in	L

		<p>difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race (and fun team race) paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p>	
<p>OVER TREES HANGING BRANCHES ETC</p>	Paddlers and Spectators	<p>Anything that can catch you or your equipment both on your equipment/body and external to you can be very dangerous.</p> <p>Tuck in bibs straps, any other loose trailing bits on you except for ensuring your spray deck loop is ready to pull off if needed.</p> <p>Avoid trees and obstacles by angling your canoe away from them well in advance, the flow often takes you straight into some obstacles so act early if needed.</p> <p>If you are swimming swim away from trees and hazards and stay in deeper clear flow until you can see a clear area to swim and get out on.</p> <p>If you do get caught do not panic try to extricate yourself, unless it will make the situation worse, keep your head above water and call for help.</p>	L
<p>OVERTAKING IN NARROW SECTIONS ETC.</p>	Paddlers	<p>The catching paddler should shout out ON YOUR LEFT OR ON YOUR RIGHT in advance of coming alongside a paddler, the paddler being caught should move to the side not being passed on and let the paddler catching through.</p>	L
CAPSIZE			
CAPSIZE	Paddlers	<p>IN ALL CASES THE PADDLER TAKES PRIORITY OVER SAVING BOAT AND/OR EQUIPMENT</p>	L

		<p>Safety helmets must be worn by all WWR paddlers, Open class recommended but not mandatory.</p> <p>Swim Paddlers will be briefed on risks and getting to nearest bank and attracting other paddler attention for rescue. WWR code of conduct requires all paddlers to offer support to other paddlers when requested or if they see someone in potential difficulty with penalty of disqualification for life from competitive canoeing unless at risk/danger themselves.</p> <p>The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them. The water, current and tide may be strong and some paddlers may have difficulty in swimming against this. The finished paddlers must be alert to the paddlers on the race course and go to help immediately. Experienced paddlers will be asked to stay on the water (if they agree) to assist with safety in addition to the two finish paddlers on standby.</p> <p>The banks can be very slippery and the mud much deeper than you think, ensure you get in and out on firm ground/banks</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race (and fun team race) paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p>	
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		NB: If a boat is lost downstream then let control Susan Templeton know so the River Hamble Harbour master can be notified so they do not search for a person in vain.	
BOAT SPECIFIC			
SAFETY CLOTHING AND EQUIPMENT		All paddlers in the ranking WWR classes are and will be required to wear buoyancy aids and crash helmets. Spray deck recommended for closed cockpit canoes/kayaks which fully covers the canoe cockpit hole. All paddlers under 18 in any class will be required to wear buoyancy aids, crash helmets. Optional for those over 18 ONLY in the open race class BUT strongly recommended Paddlers are required to ensure their safety clothing and equipment is in accordance with current safety regulations in WWR.	L
CANOE FLOTATION	Paddlers	Canoes should be buoyant enough to float even if fully full with water so should act as support to a capsized canoeist if required. Paddlers are required to ensure their canoe is buoyant.	L
COLLISIONS	Paddlers	Canoe with moored boats/pontoons etc. Paddlers will be briefed on effects of wind and tide and need to avoid proximity of pontoons and moored boats	L
EQUIPMENT FAILURE	Paddlers	Get to the bank or a shallow bank/area as quickly as you can or get out and get to the bank/shallow safe areas and call for help from another paddler if required. For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.	L

		For the WWR race (and fun team race) paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.	
ILL HEALTH INJURY			
ILL HEALTH and or INJURY	Paddlers	<p>If you can pull to the side or safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser for first aid or treatment on site or wider help.</p> <p>SEE FIRST AID AND EMERGENCY PLAN</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race (and fun team race) paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p>	L
HYPOTHERMIA/HEAT STROKE	Paddlers and spectators	<p>Paddlers can withdraw from race by attracting other paddlers' attention.</p> <p>Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.</p> <p>In all cases where there is any doubt as to the paddlers (or spectators etc. condition professional medical help should be called sooner rather than later</p>	L
WEILS DISEASE	Paddlers	<p>WEIL'S DISEASE Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other</p>	L

		<p>animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams.</p> <p>Precautions:</p> <ul style="list-style-type: none"> • Avoid capsize drill or rolling in stagnant or slow moving water • Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster • Use foot-wear to avoid cutting feet <p>Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs & joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria - see your Yearbook Contact the British Canoeing Office for more information – see for standard handout please.</p>	
EMERGENCY			
EMERGENCY	Paddlers and Spectators	<p>999 to be called.</p> <p>Inform Harbour master by mobile.</p> <p>Then inform race finish.</p> <p>Inform Fairthorne Manor designated Officer for access etc.</p>	L