

WOODMILL RANKING REGIONAL SPRINT AND WAVEHOPPER WWR AND OPEN SPRINT EVENT

SPAN OF CONTROL AND RISK ASSESSMENT

BY SUSAN TEMPLETON

DUTY	NAMED PERSON OR DOCUMENT ETC	SUPPLEMENTARY NOTES
ORGANISERS	THE SHARKS CANOE CLUB Neal Underwood On site WWR race manager: SUSAN TEMPLETON THE SHARKS CANOE CLUB Mob: 07771746909	
INSURANCE	The Sharks Canoe Club.	<p>Note: No safety cover will be provided for WWR practice this is at the paddlers own risk.</p> <p>If you want or need help to practise ask the WWR race Manger Susan Templeton and I will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild Water racing boats or wavehoppers if interested again ask WWR race manager Susan Templeton</p>
Welfare Officer and Child Protection and Photography	See Susan Templeton	If you object to photographs being taken of your child please ask person to refrain or see control for advice and assistance.
First Aid	Basic First aid Kit held at Control	Anything other than a plaster basically then paddlers will be referred to a local NHS centre or hospital

Emergencies Minor and Major	See First Aid Plan	Anything other than a plaster basically then paddlers will be referred to a local NHS centre or hospital
Incident Recording	See Susan Templeton	Copy to be provided for WWR Executive and Woodmill Activity Centre needs
RACE COURSE	0.5 MILES Start below the Swan Public House at Mansbridge, Mansbridge Rd, West End, Southampton, Hampshire SO18 3HW to Woodmill activity centre on the River Itchen . Woodmill Activity Centre, Woodmill Lane, Swaythling, Southampton, SO18 2JR A shallow, twisty river section alongside a public park	See Risk assessment below Suitable for novices
WAVEHOPPERS	All paddlers/clubs bringing wavehoppers will be asked if these can be used by other paddlers as required.	This is not mandatory but it is hoped paddlers/clubs will oblige to help promote use of this type of racing boat.
WWR Race paddlers	All WWR race paddlers will be required to wear safety helmets and buoyancy aid whilst practising and racing	
WWR Race Practice	For WWR practice ensure you have your own safety cover. NO SAFETY COVER WILL BE IN PLACE DURING PRACTICE THIS IS AT PADDLERS OWN RISK	If you want or need help to practise ask the WWR race Manager Susan Templeton and I will try to find an experienced paddler to help you. There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR race Manager Susan Templeton

<p>WWR Race</p>	<p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if they request it within 10 minutes of their run.</p>	
<p>Facilities e.g. toilets, catering etc.</p>	<p>Toilets: Should be open where parking is so no need to cross road.</p> <p>BUT café and more toilets in Woodmill activity centre. It is advised no child under 18 goes to the Woodmill Activity Centre toilets of café on their own as the road to the centre is very busy AND DANGEROUS</p> <p>Catering etc.: a small selection of sweets and fizzy drinks will be available to buy from control you are advised to bring your own food and drinks</p>	
<p>Entries (notification of wishing to race)</p>	<p>Ideally to Susan Templeton in advance Susan Templeton will manage on the day</p>	<p>Email: susan13templeton@btinternet.com</p>

	<p>All entrants or person in “loco Parentis” must complete a separate WWR entry form stating paddler is competent and medically fit to race the WWR race on the conditions etc. on the day.</p> <p>WWR RANKING EVENT Entry cost British Canoeing Member Over 18 £3 UNDER 18 £3 NON MEMBERS £8 INCLUDES British Canoeing Day Ticket Fee (for insurance) NON RANKING EVENT MEDALS ONLY PRIZES ENTRY £1</p>	
WWR race specific documents, bibs and stop watches ALSO MEDALS	To be provided by Susan Templeton	Paddlers please ensure bibs returned you will be charged £20 for a replacement if your bib goes missing
WWR Race start and finish personnel	Ideally from responsible WWR parents	
WWR sprint run times	<p>1100. Second run immediately after first WWR runs</p> <p>If enough interest a FUN team sprint run will be held</p>	<p>If numerous paddlers, start times will be at 30 seconds rather than one minute</p> <p>Best run to count</p>

	immediately after the second runs have finished	
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RISK ASSESSMENT

L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
INSURANCE ETC			
PADDLER CONTROL	Paddlers	<p>A short briefing will be held just prior to the start of the first WWR run by Susan Templeton</p> <p>All entrants or person in “loco Parentis” must complete a separate WWR entry form stating paddler is competent and fit to race the WWR race on the conditions etc. on the day.</p> <p>Paddlers, spectators and parents etc. to follow instructions and safety, site etc. plans and directions from the organisers. It is their responsibility to acquaint themselves with this.</p>	L
RACE ORGANISER.	Organisation	<p>THE SHARKS hold a 5 million pound third party liability insurance</p> <p>British Canoeing either individual or as a member of a British Canoeing affiliated club Hold a 10 million pound third party liability insurance.</p>	L
INSURANCE COVER CHECKS	Organisation and Paddlers	All competitors will be checked for insurance cover at race entry as either having:	L

		<input type="checkbox"/> British Canoeing membership. <input type="checkbox"/> Affiliated club British Canoeing membership. <input type="checkbox"/> British Canoeing membership by buying a day ticket	
COMPETENCE	Paddlers	<p>Paddlers are solely responsible for their own competence, medical fitness and issues and welfare undertaking the race in the conditions present on the day.</p> <p>All entrants will complete an entry form stating competence (see separate form). For Under 18 paddlers, an adult with “Loco Parentis” for them entering and attempting the race and with knowledge of their ability will be required to sign as to their competence to race on the conditions on race day.</p>	L
START AND FINISH NUMBERS MATCHING	Organisation and Paddlers	<p>All paddlers will have a start number and start time allocated. Start and finish numbers will be compared.</p> <p>Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal.</p> <p>Contact details will be held on entry forms if needed.</p>	L
WATER & GETTING IN AND OUT ETC			
CARRYING CANOES/PADDLES ETC NON PADDLERS & MEMBERS OF THE PUBLIC MAIN ROAD TO WOODMILL ACTIVITY CENTRE	Paddlers and spectators	<p>The park on a Sunny day is full of members of the public. Woodmill Activity Centre where the toilets are is across a very busy road.</p> <p>Paddlers should watch when they move boats around, paddles etc.</p> <p>Toilets should be open where parking is so no need to cross road It is suggested no paddler under 18 should go to the Activity centre toilets on their own (nor be left on their own in or around the race course it is a busy park and busy and DANGEROUS ROAD.</p> <p>Where possible carry canoes at knee height with two people one at each end to avoid inadvertently hurting other paddlers the public etc.</p>	L

GETTING IN AND OUT	Paddlers and spectators	<p>All WWR paddlers and spectators or officials getting on the water MUST wear a buoyancy aid. ALL paddlers IN THE RANKING WWR CLASSES MUST also wear a safety helmet.</p> <p>The finish will be above the sluice and road bridge paddlers are warned to get out on the bank (where the finish is) after their run and not paddle further down stream</p> <p>It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid</p> <p>Paddlers to be careful getting in and out and request assistance if required.</p> <p>Unless at the end of all runs paddlers will have to carry boats back to the start.</p>	L
WOODMILL SLUICE GATES	Paddlers	The finish will be above the sluice and road bridge paddlers are warned to get out on the bank (JUST AFTER THE FINISH) after their run and not paddle further down stream	L
SHALLOW WATER, RIVER BOTTOM	Paddlers	<p>The water may be shallow.</p> <p>Practise route on the bank or on the water or go to WWR race briefing</p>	L
RACE OVER TAKING	Paddlers	In all cases the catching paddler MUST shout WATER and ideally ON YOUR LEFT OR RIGHT. The paddler being caught where safe and competent to do so MUST move the opposite way to the way the paddler advised they were passing so IF ON YOUR LEFT the caught paddler should try to move right and vice versa. Overtaking may be difficult so make sure you callout and paddler being caught moves to one side	L
CAPSIZE	Paddlers	Safety helmets must be worn by all paddlers in the WWR ranking classes	L

		<p>The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them. The water is very shallow so most paddlers will be able to stand up easily on the bottom. This is why helmets must be worn and worn correctly.</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if they notify control within 10 minutes of their run.</p>	
<p>STUCK SHALLOWS</p>	<p>ON Paddlers</p>	<p>Paddler to try to work themselves free with hands etc. If safe to do so (check water flow, what is below can you safely get in due to water depth, bank drop, water flow etc.) get out and relaunch or ask help from the next paddler.</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p>	<p>L</p>

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OVER HANGING TREES BRANCHES ETC	Paddlers and Spectators		<p>Anything that can catch you or your equipment both on your equipment/body and external to you can be very dangerous.</p> <p>Tuck in bibs straps, any other loose trailing bits on you except for ensuring your spray deck loop is ready to pull off if needed.</p> <p>Avoid trees and obstacles by angling your canoe away from them well in advance, the flow often takes you straight into some obstacles so act early if needed.</p> <p>If you are swimming swim away from trees and hazards and stay in deeper clear flow until you can see a clear area to swim and get out on.</p> <p>If you do get caught do not panic try to extricate yourself unless it will make the situation worse and call for help.</p>	L
WEATHER ETC				
CONDITIONS E.G. WIND,WEATHER ETC.,	Paddlers and Spectators		<p>None foreseen.</p> <p>Review on day of race. Option include course changes or cancellation</p>	L
BOAT SPECIFIC				
CANOE FLOTATION	Paddlers		<p>Canoes should be buoyant enough to float even if fully full with water so should act as support to a capsized canoeist if required.</p> <p>Paddlers are required to ensure their canoe is buoyant.</p>	L
EQUIPMENT FAILURE	Paddlers		Get to the bank or a shallow bank/area as quickly as you can or get out and get to the bank/shallow safe areas and call for help from another paddler if required.	L

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ILL HEALTH INJURY			
ILL HEALTH and or INJURY	Paddlers and Spectators	<p>If you can pull to the side or safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser for first aid or treatment on site or wider help.</p> <p>SEE FIRST AID PLAN</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if they notify control within 10 minutes of their run.</p>	L

HYPOTHERMIA/HEAT STROKE	Paddlers and spectators	<p>Paddlers can withdraw from race by attracting other paddlers' attention.</p> <p>Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.</p> <p>In all cases where there is any doubt as to the paddlers (or spectators etc. condition professional medical help should be called sooner rather than later</p>	L
WEILS DISEASE	Paddlers	<p>WEIL'S DISEASE</p> <p>Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams.</p> <p>Precautions:</p> <ul style="list-style-type: none"> • Avoid capsize drill or rolling in stagnant or slow moving water • Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster • Use foot-wear to avoid cutting feet <p>Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs & joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria - see your Yearbook Contact the British Canoeing Office for more information – see for standard handout please.</p>	L
EMERGENCY			
EMERGENCY	Paddlers and Spectators	<p>999 to be called.</p> <p>Then inform race finish.</p>	L

		Inform WOODMILL designated Officer for access etc.	
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SMT/WOODMILL WWR SPAN OF CONTROL AND RISK ASSESSMENT DEC 2017