

HAREFIELD RANKING REGIONAL SPRINT AND WAVEHOPPER WWR

SPAN OF CONTROL AND RISK ASSESSMENT

BY NEAL UNDERWOOD AND SUSAN TEMPLETON

DUTY	NAMED PERSON OR DOCUMENT ETC	SUPPLEMENTARY NOTES
ORGANISERS	NEALUNDERWOOD THE SHARKS CANOE CLUB C/O 4 Larwood Close, Greenford, Middlesex. UB6 OTB canoeing@thesharks.org.uk 07951770241	
INSURANCE	The Sharks Canoe Club. C/O 4 Larwood Close, Greenford, Middlesex. UB6 OTA canoeing@thesharks.org.uk 07951770241	<p>Note: No safety cover will be provided for WWR practice this is at the paddlers own risk.</p> <p>If you want or need help to practise ask the WWR race Organiser he will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR race Organiser</p>
Welfare Officer and Child Protection	Mandy Combes	Any photographs of paddlers and names being put forward for publication from the WWR race will be checked with paddler/parents prior to articles being submitted.
First Aid	As per slalom	
Emergencies Minor and Major	As per slalom	

Incident Recording	As per slalom	Copy to be provided for WWR Executive needs
WAVEHOPPERS	All paddlers/clubs bringing wavehoppers will be asked if these can be used by other paddlers as required. This is not mandatory but it is hoped paddlers/clubs will oblige to help promote use of this type of racing boat.	
WWR Race paddlers	All WWR race paddlers will be required to wear safety helmets and buoyancy aid whilst practising and racing	
WWR Race Practice	<p>For WWR practice avoid the slalom practice areas and ensure you have your own safety cover.</p> <p>NO SAFETY COVER WILL BE IN PLACE DURING PRACTICE THIS IS AT PADDLERS OWN RISK</p>	<p>If you want or need help to practise ask the WWR race Organiser and he will try to find an experienced paddler to help you.</p> <p>There may be an opportunity to try Wild water racing boats or wavehoppers if interested again ask WWR race Organiser</p>
WWR Race	<p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p>	

	Any paddler offering help during the race will get a re-run if they request it within 10 minutes of their run.	
Facilities e.g. toilets, catering etc.	Toilets: Portaloos in the main camping field Catering etc.: As detailed in slalom details	
Entries (notification of wishing to race)	Ideally to Neal Underwood in advance or at the slalom during the day Entry cost £1 for all ages/boats	
WWR race specific documents, bibs and stop watches ALSO MEDALS	The Sharks CC Use slalom bibs	
WWR Race start and finish personnel	The Sharks CC	
WWR sprint run times	Saturday 11 August 2018 After slalom first runs approximately 1300. Second run immediately after first WWR runs	Times may change on the day within one hour or so. If numerous paddlers, start times will be at 30 seconds rather than one minute Best run to count

RISK ASSESSMENT

NOTE: In the event of a conflict between this risk assessment and the one provided by The sharks for the division 3 and 4 slalom then the Slalom Risk Assessment will override.

L=LOW RISK (IF ADVICE FOLLOWED); M=MEDIUM RISK AND H=HIGH RISK (IF ANY RACE RISK DEEMED HIGH THEN RACE TO BE MOVED OR CANCELLED DUE TO BEING ADVERTISED AS SUITABLE FOR NOVICES)

HAZARDS	RISK TO WHOM	RISK AVOIDANCE, ACTIONS AND ADVICE	RATING IF PRECAUTIONS ETC FOLLOWED
INSURANCE ETC			

PADDLER CONTROL	Paddlers	<p>A short briefing will be held just prior to the start of the first WWR run by Neal Underwood</p> <p>Paddlers, spectators and parents etc. to follow instructions and safety, site etc. plans and directions from the organisers. It is their responsibility to acquaint themselves with this.</p>	L
RACE ORGANISER.	Organisation	<p>THE SHARKS hold a 5 million pound third party liability insurance</p> <p>British Canoeing either individual or as a member of a British Canoeing affiliated club Hold a 10 million pound third party liability insurance.</p> <p>The Sharks Canoe Club is a British Canoeing Affiliated Club and the Slalom is being run under British Canoeing Canoe Slalom rules</p>	L
INSURANCE COVER CHECKS	Organisation and Paddlers	<p>All competitors will be checked for insurance cover at race entry as either having:</p> <ul style="list-style-type: none"> <input type="checkbox"/> British Canoeing membership. <input type="checkbox"/> Affiliated club British Canoeing membership. <input type="checkbox"/> British Canoeing membership by buying a day ticket 	L
COMPETENCE	Paddlers	<p>Paddlers are solely responsible for their own competence, medical fitness and issues and welfare undertaking the race in the conditions present on the day.</p>	L
START AND FINISH NUMBERS MATCHING	Organisation and Paddlers	<p>All paddlers will have a start number and start time allocated. Start and finish numbers will be compared.</p> <p>Paddlers will be briefed on ensuring they do not leave the race area without first reporting their withdrawal.</p>	L
PADDLER SPECIFIC			
NON PADDLERS & MEMBERS OF THE PUBLIC	Paddlers and Spectators	<p>The path by the river on a Sunny day is full of members of the public. Paddlers should watch when they move boats around, paddles etc. Children under 18 should be monitored and not left alone it is recommended any paddler under 12 wears a buoyancy aid even when spectating from the bank.</p>	L

		BEWARE of cyclists etc. as the path is used.	
CROSSING THE ROAD FROM PARKING, CAMPSITE TO RIVER	Paddlers and Spectators	The road from the campsite/parking is dangerous below a humpback bridge controlled by traffic lights. No child under 18 should ideally be allowed to cross on their own and parents of younger children should control them so they are not near the road or left to cross on their own.	L
GETTING IN AND OUT	Paddlers and spectators	All WWR paddlers and spectators or officials getting on the water MUST wear a buoyancy aid. ALL paddlers MUST also wear a safety helmet. It is recommended officials doing start and finish and parents, spectators etc., if on the bank and potentially prepared to intervene in a rescue wear a buoyancy aid Paddlers to be careful getting in and out and request assistance if required.	L
RACE OVER TAKING	Paddlers	In all cases the catching paddler MUST shout WATER and ideally ON YOUR LEFT OR RIGHT. The paddler being caught where safe and competent to do so MUST move the opposite way to the way the paddler advised they were passing so IF ON YOUR LEFT the caught paddler should try to move right and vice versa. Overtaking will be difficult so make sure you callout and paddler being caught moves to one side	L
CAPSIZE	Paddlers	Safety helmets must be worn by all paddlers The paddler should get to the bank as quickly as possible with their canoe and paddle if they can. If they need help they MUST stop the next paddlers by calling for help from them The water is very shallow so most paddlers will be able to stand up easily on the bottom. This is why helmets must be worn and worn correctly. For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.	L

		<p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if control notified within 10 minutes of their run.</p>	
WEIR SHOOT AND WAVES	Paddlers	<p>The weir can be mild to very strong and at most levels can push boats towards the bank. Paddlers should try to aim higher up the flow to cross dropping down as flow takes them. If you are forced into the bank steady your boat watch your paddles don't get caught between you and the bank and push away edge down the bank until you can break free and start paddling again.</p>	:L
RIVER BOAT TRAFFIC	Paddlers	<p>The river can be quite busy at the lock and on the main river. Avoid boats you have better steering than they do and they are BIGGER!!! This is particularly important on the weir current if you meet a bot here STOP AND LET THEM THROUGH when clear return to the start (do not impede the next racing paddlers) explain what happened and ask for a restart..</p>	L
OVER HANGING TREES BRANCHES OR SLALOM POLES AND STRINGS ETC	Paddlers and Spectators	<p>Anything that can catch you or your equipment both on your equipment/body and external to you can be very dangerous. Tuck in bibs straps, any other loose trailing bits on you except for ensuring your spray deck loop is ready to pull off if needed. Avoid trees and obstacles by angling your canoe away from them well in advance, the flow often takes you straight into some obstacles so act early if needed. If you are swimming swim away from trees and hazards and stay in deeper clear flow until you can see a clear area to swim and get out on. If you do get caught do not panic try to extricate yourself unless it will make the situation worse and call for help.</p>	L
EQUIPMENT FAILURE	Paddlers	<p>Get to the bank or a shallow bank/area as quickly as you can or get out and get to the bank/shallow safe areas and call for help from another paddler if required.</p>	L

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WEATHER ETC			
CONDITIONS E.G. WIND,WEATHER ETC.,	Paddlers and Spectators	<p>None foreseen.</p> <p>Review on day of race. Option include course changes or cancellation</p>	L
ILL HEALTH/INJURY			
ILL HEALTH and or INJURY	Paddlers	<p>If you can pull to the side or safe bank area, or an area you can beach boat or hold on safely to something if you can get out and rest on bank. Call for help in any situation and report to the race organiser of the slalom for first aid or treatment on site or wider.</p> <p>SEE THE SHARKS CC FIRST AID AND EMERGENCY PLAN</p> <p>For the WWR race safety cover is by paddlers racing and you must ask for help or any paddler seeing another who is or may be in difficulty should render assistance if they do not they face a potential life ban from the sport.</p> <p>For the WWR race paddlers must wait on until the next two paddlers have finished there must always be two paddlers at the bottom of the race acting as safety.</p> <p>Any paddler offering help during the race will get a re-run if control notified within 10 minutes of their run.</p>	L

HYPOTHERMIA/HEAT STROKE	Paddlers and spectators	<p>Paddlers can withdraw from race by attracting other paddlers' attention.</p> <p>Wear clothing appropriate to conditions and that suits your own bodily temperature control needs.</p> <p>In all cases where there is any doubt as to the paddlers (or spectators etc. condition professional medical help should be called sooner rather than later</p>	L
WEILS DISEASE	Paddlers	<p>WEIL'S DISEASE</p> <p>Weil's Disease is a RARE but very serious illness which is caused by bacteria carried in the urine of rats (and some other animals). It can be contracted anywhere but especially around waterways. The descending scale of risk is: Stagnant water, canals and slow moving rivers (particularly after flash floods), swifter streams.</p> <p>Precautions:</p> <ul style="list-style-type: none"> • Avoid capsize drill or rolling in stagnant or slow moving water • Wash or shower after canoeing Cover minor scratches on exposed parts of the body with water-proof plaster • Use foot-wear to avoid cutting feet <p>Should you become ill after canoeing (2-19 days) with a flu-like illness (temperature, aching limbs & joints) call your doctor and tell him/her you are a canoeist and may have come into contact with the Leptospirosis bacteria - see your Yearbook Contact the British Canoeing Office for more information – see for standard handout please.</p>	L
EMERGENCY			
EMERGENCY	Paddlers and Spectators	SEE THE SHARKS CC FIRST AID AND EMERGENCY PLAN AND	

		999 to be called.	
		Then inform race finish.	

SMT/HAREFIELD WWR SPAN OF CONTROL AND RISK ASSESSMENT SEPT 2016