

Covid-19 Specific Risk Assessment for Paddling with The Sharks

Covid-19 has added additional risks to any activities we undertake, this document deals with the specific risks and actions required to reduce the chances of infection of staff and participants, it brings together [actions outlined in our other documentation](#) we have so far provided. This Risk Assessment should be considered as an addendum to all other Risk Assessments for paddling at all Shark sites and Canoeing Activities. It requires vigilance and adherence to Government guidelines in force at any given time.

There are two specific areas of concern to consider; transference by close proximity and by contact with surfaces. There are also other actions people need to take in the event of either contact with Covid-19 infected people or if they feel the symptoms of Covid-19, details of which are included at the end of this document.

Please be aware of the need for people to take part in activities for both their physical and mental wellbeing; canoeing and kayaking does offer a good socially distanced activity. By observing a few simple rules, it is a very safe sport.

| Risk | Action | Responsibility | Other |
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| Infection transferring from one person to another by close proximity | Social distancing rules need to be applied at all times, when there is the chance that people may be closer than 2 metres, they must wear face coverings or visors. All staff to wear visors when helping people on or off the water. | Everyone, particularly staff who are required to monitor the behaviour of participants and ensure they are maintaining social distancing | Government guidelines do change, and people need to be mindful of current advice and observe it accordingly. People's social bubbles mean that some people may be able to be closer than others, staff need to be aware of this |

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| Infection by touching surfaces touched by other people | After each session equipment needs to be cleaned before being re-issued. | Staff | In reality people should either sanitise or where possible wash their hands after paddling under all circumstances. |
| | Buoyancy Aids need to be sprayed. | Staff | |
| | Paddle shafts need to be cleaned | Staff | |
| | Areas of the boat (cockpit rims etc) where people may have touched need to be cleaned. | Staff | |
| | Participants should sanitise hands before and after paddling | Participants | |

Please note, that by taking part in Shark activities you do have a responsibility to notify us if you contract Covid-19, this is so we can notify other people whom you may have come into contact with as part of the Track and Trace policy. You can contact The Sharks on 07951 770241 or email: canoeing@thesharks.org.uk.

In order with Government regulations, we are required to keep your contact details for 21 days after you have participated, after that they will be destroyed unless you have given us permission to keep them.